



NCAA March Madness Brackets

Mark your calendars now to participate in the Cypress Member bracket! Selection Sunday is Sunday, March 17, when the 68-team bracket will be finalized. Drop by the Activities Desk to pick up your printed sheet. **Submit your bracket at the activities desk by 10 am on March 21.** No money will be collected, but bragging rights and a surprise gift await the winner of the whole bracket! Fun fact: Charlotte will host first round games at the Spectrum Center on March 21! **Brackets will be available at Activities after 10 am on Monday, March 18.**



Annual Free Throw Contest

**Wednesday, March 27
3:30 pm | Sport Court**

You don't have to have a jump shot to participate in our annual Free Throw contest! All are welcome to participate in this competition, where you'll have three chances to toss the basketball to a *slightly* lowered basket. We will have a men's and women's division. Practice is encouraged and the balls and basket will be available in the afternoons when the sport court is free. **THERE WILL BE PRIZES**, so sign up today! Spectators are also invited to come and watch the drama unfold.

Sign up under # 27 in the Book.

Corn Hole

We've been approached by another retirement community about competing in corn hole. We have the boards and could start some practice if anyone is interested. Sign up at the Activities Desk if you'd like to participate.



Magician, Knox Zimmer

Tuesday, March 5 | In the Dining Room during Dinner

Knox provides world-class magic with a down-to-earth British charm. Knox has been performing since he was a wee lad in the London area in the '70's. Knox specializes in stand-up and strolling magic. Enjoy this special treat during dinner.

No sign up necessary.



Lunch Bunch: North Italia

Wed, March 13 | Depart at 10:45 am | Bring \$\$

At North Italia, right at the intersection of South End and Uptown, nothing is quite as satisfying as sharing a dish of handmade pasta with your favorite people. They use only the best and freshest ingredients to craft Italian themed dishes that you'll savor. **Sign up under #13 in the Activities Book.**



BINGO IS BACK!

Tuesday, March 26 | 2 pm | College Room

Cypress members love this game. Grandchildren welcome, too! Come for a casual game and bring your dollars. We've had some big winners in the past and you could be one!!

Sign up under #26 in the Activities Book.



Extraordinary Impressions
An LCS Signature Experience

Cypress Extraordinary Impressions

Our first principle at the Cypress is that "We serve our members first and foremost." We

hire, train and reward for high quality experiences to create a richer, more engaging place to live. As members, you help us identify and recognize these experiences.

Consider completing an Extraordinary Rewards Card whenever an employee exceeds your expectations. The cards are reviewed by our leadership team every month, and points are awarded to the highest performing employees to purchase prizes. More importantly, the points are designed to make employees feel great and continue their focus on making every interaction positive for you. Blank cards are available and collected in the Clubhouse Library and in the Villa lobbies.

Upcoming Events



Concert by the Lake

**Wednesday, April 24
An Evening by the Lake**

You won't want to miss this!

Cypress Attic Sale '24

Tuesday, October 8

Mark your calendars now for this event. Want to donate? A flyer is being distributed with instructions and tips on donations to our important Alzheimer Fundraiser.



THE CYPRESS

of Charlotte

SCENE

Events and Happenings **MARCH, 2024**

Oscar Viewing Pajama Party

Sunday, March 10 | 6 pm | Community Hall

Don your best pajama ensemble and walk the red carpet to Community Hall. We'll watch the red carpet preshow and the first hour of the awards giving you plenty of time to get home to watch the end. Enjoy hotdogs, chips and beverages, good company and see the start of the show with Jimmy Kimmel on the big screen. **Sign up under #10 in the Activities Book.**



Oscar Contest

Benefitting Alzheimer's Cure

Help us raise money to cure Alzheimer's while picking your favorite 2023 movie. For \$5 per guess, you can guess the best picture. Winners will get a movie pass for two with TRANSPORTATION! See the activities desk from more info. Entry deadline: March 9 at 5 pm. Make checks to Alzheimer's Assoc. of WNC to enter.

Election Day is Mar 5

Walk to the Polling Place!

Join us on a half mile walk to our polling place, South Park Christian Church. Vote when you get there or just take walk with friends. Don't forget your photo ID! Meet at the club house lobby at 10:45 am. Rain or freezing temperatures cancels. **No sign up necessary.**



Charlotte Ballet Rehearsal

"Come to Life"

Thursday, March 7

Depart at 1:15 pm | \$13 pp

Attend the dress rehearsal of Come To Life featuring 3 contemporary works by extraordinary artists, beginning with Artistic Director Alejandro Cerrudo's Little Mortal Jump – a work that takes you on an emotional journey anchored by an eclectic music selection. Then, Experience Jiří Kylián's iconic Petite Mort. Created for Nederlands Dans Theater for the 1991 Salzburg Festival, the piece is set to music by the legendary composer Wolfgang Amadeus Mozart. Completing the program, Charlotte Ballet brings you a world premiere by the award-winning choreographer Penny Saunders. Please note the date and time are updated from the February Scene.

Sign up under #7 in the Book.

"Seeing Auschwitz"

A Photographic Exhibit

Monday, March 18 | Depart at 12:45 pm

Thanks to the generous gift of Roz Greenspon, this exhibition is being shown for the first time in the US and will open for the Cypress visitors privately. We'll be greeted by a tour guide and then independently see the photos with an expertly created audio tour. Created in collaboration with the UN and UNESCO, the exhibition critically analyzes the 100 photographs, sketches and testimonies from the German Nazi camp with testimonies from the survivors. The show has been designed to be suitable for children, with no depiction of gratuitous explicit violence, but encourages visitors to reflect and gain a deeper understanding of prejudice and indifference.

Sign up under #18 in the Activities Book.



Ian Benjamin

Piano Concert

Tuesday, March 12 | 7:30 pm | Community Hall

Recommendations for this performer have been off the charts! Join us in Community Hall for Ian Benjamin, whose career in the music and theatre industries has taken him all over the world, to over forty countries and two dozen states, as a cruise director, music director, piano bar entertainer, lead vocalist, actor, composer, accompanist, and arranger. You can also talk to him about baseball and crossword puzzles. You don't want to miss this concert! **Sign up under #12 in the Activities Book.**



Moulin Rouge!

**Belk Theater
Thursday, March 28**

Bus Departs at 6:30 pm

Members are asked to purchase their own tickets. Looking to go with a group? Ask Activities. **Sign up under #28 in the Book.**



DERBY is Thursday, April 19
Sign up for a Car Building Kit | \$5
We have had a good response to our upcoming derby, but there's still time to participate. Sign up for a spot in the woodshop where derby-experienced volunteers will be happy to help!
Monday, March 5 @ 3 pm
Wednesday, March 13 @ 3 pm
Thursday, March 21 @ 1 pm
In addition, we'll have paints and brushes set up in the art room **every Friday** where you can drop in and create your masterpiece.
We still have car kits... ask us!
Sign up for the woodshop times in the Book under #5, #13 and/or #21.



Jim Lamm, Live
Touring Adonai's House
Thursday, March 14 | 1:15 pm
Community Hall

The universe, God's creation, is an amazing place and Jim Lamm will take us on a journey to the ends of this vast space. While learning about the size and scope of the universe, Jim will also share how modern science has built tools to enhance the discovery of it, view some recent James Webb Space Telescope photos and take a peek into Jim's personal "dark skies experience" while giving glory to God, its creator. Jim has been involved in astronomy for over 60 years, traveled extensively, and held the position of President of the Charlotte Amateur Astronomy club for multiple years.
Sign up under #14 in the Book.

John Silvia, Live
In Person on the US Economy

Tuesday, March 19 | 7:30 pm | Community Hall
John Silvia recently retired from his position as Managing Director and Chief Economist for Wells Fargo and works with Carolinas Investment Consulting. Prior to Wells Fargo, John worked on Capitol Hill as a senior economist for the U.S. Senate Joint Economic Committee and as Chief Economist of Senate Banking, Housing and Urban Affairs Committee. John was named one of the Top 10 forecasters by Bloomberg News in 2009 and the No. 2 forecaster by USA Today for 2008. He'll talk about the current economy and take questions from members.
Sign up under #19 in the Activities Book.



Cookie Decorating Class
With Amy Serovich

Wednesday, March 27 | 1 pm | Art Room | \$10 per person
Come learn to decorate some happy spring cookies with a professional royal icing glaze. Our illustrious teacher, Amy Serovich who recently taught a wonderful floral decorating program, will help you decorate three pre-baked cookies that you can take with you. Perfect for a spring gift for a young (or old!) family member!
Sign up under #27 in the Activities Book.



Worship at
the Cypress
Rabbi
Michael Wolk
Temple Israel



Monday, March 11 | 11 am
Community Hall
Rabbi Wolk grew up in the richness of an observant Jewish home and attended Jewish day school. A native of Long Island (NY), he grew up as the "Cantor's Kid" in his shul imparted on him an early love of Jewish life that helped guide him toward the rabbinate. Rabbi Wolk graduated from Columbia University and the Jewish Theological Seminary's List College. He and his wife Heidi and two daughters came to Charlotte in 2020 to be installed at Temple Israel.
Sign up under #11 in the Book.



Cultivating
Happiness
Thursday, March 28 | 4 pm
College Room
Angela Yatkowski is our recently hired Rehab Director housed at the Stewart Health Center. Join her first Discovery Series lecture on "Cultivating Happiness." Angela has two adult daughters, one here in Charlotte, and the other in Denver CO. She has worked for years in health care, so come welcome her to the Cypress.
Sign up under #28 in the Book.

Dining Room Special Meals

Mar 4: Prime Rib Station
Mar 5: Italian Buffet
Mar 7: Gentlemen's Dinner
Mar 11: Stir Fry Station
Mar 12: Three Course Meal
Mar 18: St. Patty's Buffet

Mar 20: Low Country Boil Buffet
Mar 21: Gentlemen's Dinner
Mar 25: Pasta Station
Mar 27: Three Course Meal
Mar 28: Ladies' Dinner
Mar 31: Easter Brunch



Thursday, March 21
3 pm | College Room
(4th Thursdays, Ongoing)
Join your Cypress friends with a penchant for drama at an regular, informal club where you'll do play readings with plans for a possible performance. No experience necessary... ALL ARE WELCOME! Questions? Ask Mary Alice Adams, William Geuss or George Blanchard.
No sign up is necessary.

Poker
Wednesdays | 3 pm | Game Room
Join us for a fun game of poker! Bets are small, so don't forget your nickels and dimes! All are welcome.
No sign up necessary.

Dementia Support
EVERY Wednesday
10:00 am | Villa B Social Room
This group is designed to provide support to members who are serving as caregivers for their loved ones living with dementia or Alzheimer's disease. Kelly Simon welcomes anyone that would like to attend and ask that anything discussed remain confidential to protect our members. **No sign up necessary.**

Mexican Train
Dominos
Thursdays at 2 pm | Game Room
All are welcome!
No sign up necessary.


Discussion Group
Mondays | 10 am | College Room
Join Cypress members in a lively discussion about current events and more. All are welcome.
No sign up necessary.



Calling all Authors!
We want to pull together a panel of Cypress members who have written a book. Please add your name to the list at the Activities Desk. Questions? Call Nancy Budd at 704 572 9537


"MOLI"
Charlotte Mecklenburg
Mobile Library
Tuesday, March 5 and 26
9:30 - 11 am | Clubhouse Driveway
Check out books and audio books, renew cards, and more!

**Cypress**
Singers
Thursday, March 14 and 28
1:30 pm | Villa B Social Room
We'll continue to practice for a spring concert! **No sign up necessary.**

**Third**
Monday
Book Club
Monday, March 18
2 pm
College Room

The Secret Life of Sunflowers is Marta Molnar's gripping novel based on the true story of Johanna Bonger, Vincent van Gogh's sister-in-law who inherited his paintings as a 28year old widow and introduced Vincent's legacy to the world.
No sign up necessary.

Carolina Massage
Works Therapist
By Appointment | Former ATM Room
Call 980-332-2332 for appointment.
Available weekdays and weekends!

 Happy March Birthdays!!	
Barbara McClintock	1
Joyce Odom	2
Julie Morton	2
Jack Thomas	2
Virginia Sykes	3
Vera Godwin	4
Patsy McKinnis	4
Jean Cossart	5
Harold Hope	8
"Flynn" Harris	9
George Fleming	9
Lenore Marx	10
Marian Andrews	11
Sheila Bearman	13
John Andrews	14
Bob Ivey	15
Larry Wilkes	15
Chloellen Miller	16
Mary Pickitt	17
Marshall Fall	17
Jackie Harvey	19
Shevi Herbstman	19
Adelaide Davis	19
Gayle Canaday	20
Locke McLean	22
Nancy Elbersen	24
Jane Gilbert	24
Anna Hull	24
Jo Claire Dulin	28
Inja Hong Kim	29
Joan Polking	29
James Schroeder	29
Jeanne MacDonald	29
Diane Boyd	29
Karen Rezendes	30





Symphony Classical Series

Bus departs at 6:30 pm

Gershwin Rhapsody in Blue Belk Theater | Saturday, March 2

Celebrate the 100th anniversary of Gershwin's jazz piece with pianist Michelle Cann.

Wagner and Strauss Knight Theater | Saturday, Mar 23

Strauss's powerful piece explores the ultimate mystery of what lies beyond. Principal trumpet Alex Wilborn performs Bohmes as well.

Sign up for the bus under Symphony in the Activities Book. Tickets should be purchased on your own.

Card Making Class



With Kathie Pettit

Monday, March 11 | 1 pm | Art Room

Class is limited to 12 participants.

Sign up under #11 in Activities Book.



Trivia

Monday, Mar 11

3:30 pm | Community Hall

Come with or without a team for an afternoon of fun! Please limit your team to a maximum of 4 people. See Activities if you have space or need a team. Note the early date this month, too! **Sign up under #11 in the Book.**

Men's Breakfast

Monday, March 18

Bus departs at 9 am

Sign up under #18 in Book.



Winter Croquet

Practice: Tuesdays at 9:30 am

Games: Saturdays at 9:30 am

No croquet March 9 or 30.

Seeking new players! Croquet Open House

Tuesday, March 12 | 9:30 am
Community Hall

Every wanted to see what croquet is all about? Join us for a lesson or just to see what it's all about. We're looking to add new members to the group!

Sign up for Open House under #12 in the Activities Book.



Hearing Screenings

Mondays, March 4 and 18

Game Room | Call for an

appointment between 1 and 4 pm

Dr. Tomas Cabrera from Premier Audiology will be onsite offering free outer ear inspections, free middle ear examinations, and free hearing screenings.

You must call 704-542-3339 for an appointment.

OnSite Dermatology

Thursday, March 21

Stuart Health Center

Call 1-877-345-5300 or sign up in the book to schedule an appointment after 11 am.



Audibel Hearing

Tuesday, March 12

10 am | Game Room

McKenzie will be here checking and cleaning any style of hearing aid. All are welcome and the service is free of charge. Drop by between 10 am and 11 am.



VA Benefits Q and A

Friday, Mar 15 | 1 pm | College Room

Daren Graves of the Veterans Administration will be here to provide tips and advice on Veterans' benefits. He has provided great advice to some of our existing members and can help those who have served in the military.

Sign up under #15 in the Book.

Mah Jongg

Beginning Players

Mondays | 1 pm

College Room

No Mah Jongg on March 4.

Mah Jongg in Library on March 18.

Intermediate/Experienced Players

Fridays | 2 pm | Club Room

Drop in at 1 pm if you wish.

Our teacher provides support for new players on Mondays.

No sign up necessary.

LIVE BRIEFING

with Executive Director

Marty Jensen

Wednesdays, March 6 and 20

12:15 pm LIVE

Rebroadcast at 7 pm on Channel 1394

Tune in for Marty's bi-weekly update to hear about the latest community news.

Meditation Sitting

with Dr. Joy LiBethe

30 Minutes Every Wednesday

4 pm | Art Room

Beginners are welcome. Please contact Dr. Joy LiBethe for instructions before your first sitting. **No sign up necessary.**

Duplicate Bridge

Monday, March 25

1 pm | Community Hall

If you need a partner, please let Sydney know.

Sign up under #25 in the Book.

Board Committees

Activities

Julia Bing A

Patricia Spearman B

Diane DeSalvo C

Catherine Browning D

Ann Wylie E

*Nancy Budd, Chair, Cottages

Teri Verbesey Board Liaison

Building & Grounds

*Jean Runkle, Chair A

Ken Sweet B

David Crane C

George Stuart D

Pressley Gilbert E

Earl Bramwell, Cottages

Bill Schimming, Board Liaison

Finance

Stan Connell

Mike Epprecht

Roy Little

Don McIver

Jack Thomas

Bert Welch

*Gayle Wylie, Chair

Food & Beverage

Marjorie James A

Kathy Cook, B

Mary Crane C

Barbara Robertson D

Gainell Patrick E

*Pam Epprecht, Chair Cottages

Pat Schaffer, Board Liaison

Health & Safety

Don Herbstman A

Cathy Sweet, Chair B

Peggy Childers C

Adelaide Davis D

Janice Bernstein E

Michael Macfee, Cottages

Joanne Hardie, Board Liaison

Information Technology

*Joan Geuss, Chair, A

Cal Lassiter B

Beverly Johnson C

Larry Taggart D

Herb Verbesey E

Rita Macfee, Cottages

Sue McElwain, Board Liaison

Board of Directors

Pat Clayton, President

Olen Smith, Secretary

Joanne Hardie

Sue McElwain

Pat Schaffer

Bill Schimming

Teri Verbesey

2023 Best Picture Nominees



A woman is suspected of her husband's murder, and their blind son faces a moral dilemma as the sole witness. Surprisingly gripping for a film devoid of real action, this family drama masquerading as a murder-mystery touches on universal marital tensions; it is both enigmatic and very human.

R 2023 | Thriller/Crime | 2h 32m

Friday, March 1 | 1 pm | College Room
No sign up necessary.

During World War II, Lt. Gen. Leslie Groves Jr. appoints physicist J. Robert Oppenheimer to work on the top-secret Manhattan Project. Oppenheimer and a team of scientists spend years developing and designing the atomic bomb. Their work comes to fruition on July 16, 1945, as they witness the world's first nuclear explosion, forever changing the course of history.

R 2023 | War/Thriller | 3h

Friday, March 8 | Community Hall | 1 pm
Sign up under #8 in the Activities Book.



Real love crosses paths with unspeakable betrayal as Mollie Burkhart, a member of the Osage Nation, tries to save her community from a spree of murders fueled by oil and greed. Co-written, produced and directed by Martin Scorsese.

R 2023 | Crime/Western | 3h 26m

Friday, March 22 | College Room | 1 pm
Sign up under #22 in the Activities Book.

Monk is a frustrated novelist who's fed up with the establishment that profits from Black entertainment that relies on tired and offensive tropes. To prove his point, he uses a pen name to write an outlandish Black book of his own, a book that propels him to the heart of hypocrisy and the madness he claims to disdain.

R 2023 | Comedy | 1h 57m

Friday, March 29 | College Room | 1 pm
Sign up under #29 in the Activities Book.



Movie Replays

Wednesdays @ 7:15 pm | Channel 1394
For Oscar month, we will replay these movies the following week on VCTV 1394.

Mar 6 "Anatomy of a Fall"
Mar 13 "Oppenheimer"
Mar 20 "American Fiction"
Mar 27 "Killers of the Flower Moon"



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weekly Fitness Programs						
	9 am - Cardio Lite - SC 10 am - Sit & Get Fit - SC 11 am - Tai Chi - SC	9 am - Core & More On The Mat - SC 10 am - Strength and Movement - SC 11 am - Functional Balance - SC 11:45 am - Aqua Fit - Pool 1 pm - Pickleball -SC	9 am - Cardio Lite -SC 10 am - Sit & Get Fit - SC 11 am - Full Body Stretch - SC 1:30 pm - Chair Volleyball - SC	9 am - Core & More On The Mat - SC 10 am - Strength and Movement - SC 11 am - Functional Balance - SC 11:45 am - Aqua Fit - Pool	9 am - Cardio Lite - SC 10 am - Sit & Get Fit - SC 11 am - Functional Balance - SC 1 pm - Pickleball - SC	Pool & Spa Closed for Cleaning Every Saturday 8-9 am
Activities Programs						
		Room Abbreviations CH = Community Hall CR = College Room CL = Club Room SC = Sport Court GR = Game Room DR = Dining Room SHC - Stewart Health Center			1 1 pm - "Anatomy of a Fall" Movie - CR 2 pm - Mah Jongg - CL	2 9:30 am - Croquet - CH 6:30 pm - Depart for Symphony "Gershwin's Rhapsody in Blue" -Belk Theater
3 10 am - MPMC - TV 1394 11 am - MPPC - TV 1394 11 am - Brunch	4 10 am - Small Discussion Group - CR 1-4 pm - Premier Audiology - GR	5 Election Day 9:30 am - Croquet Practice - CH 9:30 - 11 am - Mobile Library MOLI 10:45 am - Walk to Polls - Lobby 3 pm -Pinewood Derby Workshop-Villa D 5 pm - Italian Buffet w/ Knox Zimmer, Magician -DR	6 10 am - Dementia Support - VB 12:15 & 7 pm - Live w/Marty Jensen 3 pm - Poker Game - GR 4 pm - Meditation Sitting - AR 7:15 pm - "Anatomy of a Fall" - TV 1394	7 1:15 pm - Depart for "Come to Life" Dress Rehearsal 2 pm - Mexican Train Dominoes - GR 5 pm - Gentlemen's Dinner	8 1 pm - "Oppenheimer" Movie - CH 2 pm - Mah Jongg - CL	9 No Croquet
10 Daylight Savings Begins 10 am - MPMC - TV 1394 11 am - MPPC - TV 1394 11 am - Brunch 6 pm - Oscar Pajama Party - CH	11 10 am - Small Discussion Group - CR 11 am - Worship w/ Rabbi Wolk - CH 1 pm - Card Making w/ Kathie Pettit - AR 1 pm - Mah Jongg - CR 3:30 pm - Trivia - CH	12 9:30 am - Croquet Open House - CH 10 am - Audibel Hearing - GR 7:30 pm - Ian Benjamin Piano Concert - CH	13 10 am - Dementia Support - VB 10:45 am - Depart for North Italia Lunch Bunch 3 pm - Pinewood Derby Workshop-Villa D 3 pm - Poker Game - GR 4 pm - Meditation Sitting - AR 7:15 pm - "Oppenheimer" - TV 1394	14 Onsite Dermatology - SHC 1:15 pm - "Touring Adonai's House" w/ Jim Lamm - CH 1:30 pm - Cypress Singers Practice - VB 2 pm - Mexican Train Dominoes - GR	15 1 pm - Veteran Benefits Advice w/ Daren Graves - CR 2 pm - Mah Jongg - CL	16 Spring Begins 9:30 am - Croquet - CH
17 St. Patrick's Day 10 am - MPMC - TV 1394 11 am - MPPC - TV 1394 11 am - Brunch	18 9 am - Depart for Men's Breakfast 10 am - Small Discussion Group - CR 12:45 pm - Depart for "Seeing Auschwitz" 1 pm - Mah Jongg - Library 1-4 pm - Premier Audiology - GR 2 pm - 3rd Monday Book Club - CR 5 pm - St. Patrick's Buffet	19 9:30 am - Croquet Practice - CH 7:30 pm - Economy Lecture w/ John Silvia - CH	20 10 am - Dementia Support - VB 12:15 & 7 pm - Live w/Marty Jensen 3 pm - Poker Game - GR 4 pm - Meditation Sitting - AR 5 pm - Low Country Boil Buffet 7:15 pm - "American Fiction" - TV 1394	21 10 am - March Madness Brackets Due 10:30 am - Town Hall Meeting - CH 2 pm - Mexican Train Dominoes - GR 1 pm - Pinewood Derby Workshop - Villa D 3 pm - Cypress Thespians - CR 5 pm - Gentlemen's Dinner	22 1 pm - "Killers of the Flower Moon" Movie - CR 2 pm - Mah Jongg - CL	23 9:30 am - Croquet - CH 6:30 pm - Depart for Symphony "Wagner & Strauss" - Knight Theater
24 10 am - MPMC - TV 1394 11 am - MPPC - TV 1394 11 am - Brunch 31 Easter 10 am MPMC - TV 1394 11 am - MPPC - TV 1394 11 am - Easter Brunch	25 10 am - Small Discussion Group - CR 1 pm - Mah Jongg - CR 1 pm - Duplicate Bridge - CH	26 9:30 am - Croquet Practice - CH 9:30 - 11 am - Mobile Library MOLI 2 pm - Bingo - CR	27 10 am - Dementia Support - VB 1 pm - Cookie Decorating Class - AR 3 pm - Poker Game - GR 3:30 pm - Free Throw Contest - SC 4 pm - Meditation Sitting - AR 7:15 "Killers of the Flower Moon -TV 1394	28 1:30 pm - Cypress Singers Practice - VB 2 pm - Mexican Train Dominoes - GR 4 pm - "Cultivating Happiness" w/ Angela Yatkowski - CR 5 pm - Ladies' Dinner 6:30 pm - Depart for "Moulin Rouge!"	29 Good Friday 1 pm - "American Fiction" Movie - CR 2 pm - Mah Jongg - CL	30 No Croquet



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Stewart Health Center 704-714-5555
Security/Guardhouse 704-714-5520
Dinner Reservations 704-714-5511
Member Fax Number 704-714-5575

- Bus trip with sign up
- On campus with sign up
- Make appointment directly
- No sign up required
- Dining room reservation